Pomak in Bulgaria



The name Pomak means "people who have suffered," which is an accurate description. Throughout history, they have been considered the outcasts of Bulgarian society. In 1948, the Communists began to remove people they thought to be disloyal to their regime. By 1950, the Pomak were the new target. For many years, they lived isolated from other peoples. However, during the last century, modernization has forced them to come into contact with the outside world. The Pomak economy is based on agriculture.

Ministry Obstacles

The Pomaks are virtually all Muslim, and their religion makes up an integral part of their ethnic identity. It will be difficult for them to accept Christ without feeling like they are turning their backs on their ethnic identity, something that has already been damaged during the last 100 years.

Outreach Ideas

There is some degree of religious freedom in Bulgaria, a country with a Christian heritage. Believers can take Christ to Pomak Muslims.



◀≑ PUM-ok

POPULATION: 65,000

LANGUAGE: Bulgarian

RELIGION: Islam

BIBLE: Complete

STATUS: Unreached

Prayer Focus

Ask the Lord of the harvest to send forth laborers to work among the Pomaks. Ask God to create a hunger within the hearts of the Pomaks to know the Truth. Pray for a movement to Christ among the Pomaks that will result in many blessings for this ethnic group.

SCRIPTURE O Lord, our Lord, your majestic name fills the earth! Your glory is higher than the heavens. Ps 8:1, NLT

PRAY Help this people group to know from the heart and the head that the Lord is great!